All-Bran Muffins (grammie poopy muffins)

2 cups Kellogg's All-Bran cereal
½ cup sugar
1 T baking powder
¼ t salt
1 ¼ cups all-purpose flour
1 ¼ cups milk
1 egg
¼ cup vegetable oil

Preheat oven to 400.

In mixing bowl, stir together flour, sugar, baking powder and salt. Set aside In large mixing bowl, combine Kellogg's All-Bran cereal and milk. Let stand 5 minutes or until softened. Add egg and oil. Beat well. Add flour mixture, stirring only until combined.

Spray muffin pans with cooking spray. Divide evenly into a 6 muffin pan for large muffins, or a 12 muffin pan for smaller muffins.

Cook 20 minutes or until lightly browned.

Serve warm.